

Carolyn B. Holly Essay Contest
Abstract Submission
September 2024

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As a child, I was inspired by my pediatrician's compassionate care, which inspired me to become a physician dedicated to serving minority and underserved populations. My experiences during medical training showed me the challenges of healthcare, yet my commitment to holistic, patient-centered care remains strong. I envision a future as a Family Physician, where I integrate interdisciplinary collaboration, community engagement, and innovative technologies to address the complex health needs of diverse populations. Inspired by the Southeast Texas Medical Associates model, I aspire to create a multispecialty clinic that emphasizes teamwork among healthcare professionals. I believe this collaborative approach will enhance patient outcomes and reduce burnout among providers. I aim to cultivate a culturally competent practice that empowers patients, encourages their active participation, and builds strong community connections through activities and education. Through initiatives like Patient Advisory Committees, I hope to foster open communication and feedback, ensuring our care meets the community's needs. As I progress in my training, I recognize the importance of continual quality improvement, utilizing electronic medical records to track health metrics and enhance care delivery. Balancing technological advancements with the humanistic aspects of medicine is vital. I am optimistic about my future in medicine and am dedicated to fulfilling my dream of helping others through primary care. Ultimately, I aspire to create a primary care model that transcends traditional check-ups, fostering a healing community that addresses the unique healthcare needs of the populations I serve.