

Abstract

Inspired by Dr. James Holly and his work through SETMA, I aspire to use the PC-MH model to further integrate technology, expand interprofessional collaboration, and focus on the social determinants of health. My vision for the future of primary care begins with harnessing emerging technologies, particularly artificial intelligence. Building upon SETMA's innovative EMR and commitment to quality improvement, AI can streamline documentation, synthesize vast bodies of medical literature, and analyze quality metrics more effectively. Yet technology is dependent on the individuals and teams who use it to create lasting change.

My clinical experience has shown that the greatest barriers to health are often social in nature: homelessness, addiction, poverty, limited access to care, and lack of support systems. Echoing the humanitarianism, generosity, and holistic care championed by Dr. Holly, I advocate for further integration of social workers as core members of the primary care team. Together, we can prioritize psychosocial care plans alongside medical treatment, ensuring care is accessible, affordable, and aligned with patients' goals and circumstances.

At the heart of my vision is an internal commitment—a belief that meaningful change begins from within. I hope to honor Dr. Holly's legacy by building a career centered on understanding, empowering, and collaborating with patients to create treatment plans that truly add value to their lives. I aim to have the humility to recognize that it is ultimately the patient's actions that shape their health and the trust to pass them the baton, knowing they will run with it.